

Vegetarian Munchies

East Marden Primary School Canteen Price List Effective from February 2016



Sandwiches Rolls / Wraps (brown or white bread and rolls)

Cheese.....	2.50.....	3.00
Egg.....	2.50.....	3.00
Vegemite.....	2.00.....	2.50
Salad	3.50.....	4.00
<i>(tomato, lettuce, cucumber and carrot)</i>		
Cheese Salad.....	4.00.....	4.50

****Toasted Sandwiches, Rolls and Wraps.. 20c extra**

Extras:

Sauce, mayo, mustard.....	0.20 each
Salad <i>(lettuce, cucumber and carrot)</i>	0.30 each
Cheese, tomato, egg, pineapple.	0.50 each

Salad Packs

Dip & Vegetable Tub	5.00
<i>(carrot, celery, cucumber sticks with hummous & crackers)</i>	
Snack Box.....	5.00
<i>(carrot, celery, cucumber sticks, tomato, with cheese & crackers)</i>	
Salad Pack.....	5.50
<i>with (cheese, ½ egg, tomato, lettuce, cucumber, carrot)</i>	

Cakes

Low-fat Muffin <i>(Banana)</i>	1.50
Cornflake Cookies	1.20

Drinks

Spring Water	600ml	1.60
Pop Tops.....	250ml	2.50
<i>(Orange, Apple, Apple & Blackcurrant)</i>		
Fruit Box.....	250ml	2.00
<i>(Orange, Apple, Apple/Blackcurrant)</i>		
Flavoured Milk	250ml	2.50
<i>(Choc, Strawberry, Banana)</i>		
Krazy Krush <i>(Frozen Flavoured Juice)</i>	2.00	



Hot and Tasty



Vegetarian Pasty.....	4.20
Pizza Single <i>(Vegetarian)</i>	3.00
Veggie Burger <i>(burger, lettuce, mayo)</i>	4.60
Hash Brown Triangles.....	0.60
Spring Rolls	0.80
Corn on the Cob	1.00
Fried Rice	4.00
Vegetarian Lasagna	5.00
Pasta Neapolitan.....	5.00

Extras:

Sauce, mayo, mustard.....	0.20 each
Tubs of sauce (hash browns).....	0.50 each
Pineapple, cheese, tomato.....	0.50 each

Ice Creams (Lunch Time Only)

Paddle Pops <i>(Assorted Flavours)</i>	2.00
Icy Twists	1.50
Quelches	0.80
Frozen Fresh Juicies or Moosies	1.20
Calippo	1.40
Ice Mony	1.00
Zings.....	1.00



Snacks

Fresh Fruit (apples, banana etc)	1.00
Veggie Pizza Subs	1.50
Cheese & Crackers	1.50
Popcorn.....	1.50
Chips <i>(assorted Packets)</i>	1.60
Arnotts Shapes <i>(Cheese)</i>	1.00
Milo Bar	1.60
Fruit Jelly Cups	1.20
Diced Fruit Cups (Two Fruits)	1.20
Strawberry Mousse Cup	1.20
Vanilla Custard Tubs	1.20
Yoghurt Tubs (Strawberry)	1.50



Note: Lunch Bags (20 per pack) 0.60

Please ensure "VEGETARIAN" is written on your child's lunch bag when ordering