

Healthy Foods

SANDWICHES & ROLLS

(Brown or White)

Salad	GF 4.00	3.50
Cheese	GF 3.00	2.50
Cheese Salad	GF	4.00
Ham or Roast Chicken	GF 4.50	4.00
Egg, Lettuce and Mayo		3.00
Tuna, Ham or Chicken Salad	GF 5.50	5.00
Egg	GF 3.00	
Roll	Extra	50c
Toasted	Extra	20c

WRAPS

Cheese and Salad		4.50
Ham or Roast Chicken and Salad		5.50

Sometimes Foods

SANDWICHES & ROLLS (Brown or White)

Vegemite	GF 2.90	2.40
Roll	Extra	50c
Toasted	Extra	20c

HOT FOOD

Pie or Pasty	GF 5.50	4.40
Sausage Roll	GF 4.50	3.80
Hot Dog (whole)		4.40
Hot Dog (Half)		2.20
Pizza single (Ham & Cheese, Hawaiian or Vegetarian)	GF	3.50
Chicken or Veggie Burger (lettuce & mayo)		5.00
Chicken Nuggets	Each GF	0.70
Hash Brown Triangles	Each GF	0.60
Fish Fingers	Each	0.60
Spring Rolls	Each	1.00
Mamee Cup Noodles (Chicken)		3.20

WRAPS

Crumb Chicken Tenders with lettuce & mayo		5.00
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Extras

Sauce, Mayo, Mustard	Each	0.20
Tubs of Sauce	Each	0.60

HOT FOOD

Hamburger (lettuce, tomato & sauce)	GF	5.00
Corn on the Cob (v)	GF	1.00
Fried Rice (v)	GF	4.00
Lasagne (vegetarian option available)		5.00
Spaghetti Bolognese (vegetarian option available)	GF	5.00 6.00
Chicken Nugget Burger	GF	5.00

EXTRAS

Sauce, Mayo, Mustard	Each	0.20
Tubs of sauce	Each	0.60
Pineapple, Cheese, Tomato or Egg	Each	0.60

SNACK/SALAD BOX

Snack Box (carrot, cucumber sticks, hummus dip, cheese and crackers)	GF	5.00
<u>Cold Salad Pack</u>		
Choose One – Ham, Chicken, Tuna or Cheese.		
With – Tomato, Lettuce, Cucumber, carrot and mayo.	GF	5.50

Drinks

Spring Water	600ml	2.00
Juice Bottles 99% Juice (Orange, Apple & Blackcurrant)	250ml	2.60
Fruit Box 99% Juice (Tropical, Apple, Apple/Blackcurrant)	250ml	2.20
Flavoured Milk (low fat)		
Chocolate or Strawberry	250ml	2.50
Milo Drink Box	200ml	2.00
Krazy Krush (Icy flavoured Juice)		2.20

Ice-cream

Lunchtime ONLY

Paddles pops (Choc or Rainbow)		2.00
Lemonade Icy Twist		1.50
Quelches (fruit juice)		1.00
Frozen Fresh Juices (Tropical)		1.40
Moosies (choc, straw or banana)		1.40
Calippo		1.50
Ice Mony (assorted flavours)		1.00
Zings (assorted flavours)		1.20
Ice Cream Cups		1.20

\$5.50 Lunch Specials

Available Every day in Term 4

Fish Bites with Salad



Chicken Drumettes with Salad



Nachos



Toasted Focaccia Roll



Snacks

Available at Recess and with Lunch orders

Fresh Fruit	GF	1.00
Pizza Subs		1.50
Corntos chips	GF	1.50
Garlic bread		1.00
Chips	Plain GF	1.60
Popcorn	GF	1.50
Mamee noodles		1.00
Arnotts Shapes		1.00
Fruit Jelly Cup	GF	1.20
Strawberry or Chocolate Mousse Cup	GF	1.20

Yogurt Tubs	GF	1.60
Banana Bread		1.50
Banana Muffins		1.50

Please place lunch orders onto a Lunch Bag (not envelopes)

Lunch Bags 80c (20 per packet)

GF = Gluten Free