

Gluten Free Munchies

East Marden Primary School Canteen Price List

Effective from **February 2016**



Sandwiches

Cheese.....	3.00
Ham	4.00
Egg.....	3.00
Tuna or Roast Chicken	4.00
Vegemite.....	2.50
Salad	4.00
<i>(tomato, lettuce, cucumber and carrot)</i>	
Cheese Salad.....	4.50
Ham Salad.....	5.00
Tuna or Chicken salad	5.00

****Toasted Sandwiches 20c extra**

Extras:

Sauce, mayo, mustard	0.20 each
Salad <i>(lettuce, cucumber and carrot)</i>	0.30 each
Cheese, tomato, egg, pineapple.	0.50 each

Salad Packs

Dip & Vegetable Tub	5.00
<i>(carrot, celery, cucumber sticks with hommous & crackers)</i>	
Snack Box.....	5.00
<i>(carrot, celery, cucumber sticks, tomato, with cheese & crackers)</i>	
Cold Meat & Salad Pack.....	5.50
<i>- Choose one (Ham, chicken, tuna) with (½ egg, tomato, lettuce, cucumber, carrot)</i>	

Drinks

Spring Water	600ml	1.60
Pop Tops	250ml	2.50
<i>(Orange, Apple, Apple & Blackcurrant)</i>		
Fruit Box.....	250ml	2.00
<i>(Orange, Apple, Apple/Blackcurrant)</i>		
Flavoured Milk	250ml	2.50
<i>(Choc, Strawberry, Banana)</i>		
Krazy Krush <i>(Frozen Flavoured Juice)</i>		2.00



Hot and Tasty

Meat Pie	5.00
Beef & Vegetable Sausage Roll	4.50
Pizza Single <i>(Ham and Pineapple)</i>	3.00
Pizza Single <i>(Ham & Cheese)</i>	3.00
Pizza Single <i>(Vegetarian)</i>	3.00
Chicken Nuggets ..	0.60
Hash Brown Triangles.....	0.60
Corn on the Cob ...	1.00
Cup Noodles (Chicken).....	3.50
Fried Rice	4.00
Spaghetti Bolognese.....	6.00

Extras:

Sauce, mayo, mustard.....	0.20 each
Tubs of sauce (nuggets, hash-browns).....	0.50 each
Pineapple, cheese, tomato.....	0.50 each

Ice Creams (Lunch Time Only)

Paddle Pops <i>(Assorted Flavours)</i>	2.00
Icy Twists	1.50
Quelches	0.80
Frozen Fresh Juicies or Moosies	1.20
Calippo	1.40
Ice Mony	1.00
Zings.....	1.00



Snacks

Fresh Fruit (apples, banana etc)	1.00
Cheese & Crackers	1.50
Popcorn.....	1.50
Chips (Plain Only).....	1.60
Sakata Crackers	1.00
Fruit Jelly Cups	1.20
Diced Fruit Cups (Two Fruits)	1.20
Strawberry Mousse Cup	1.20
Vanilla Custard Tubs	1.20
Yoghurt Tubs (Strawberry)	1.50



Note: Lunch Bags (20 per Pack) 0.60

Please ensure "GLUTEN FREE" is written on your child's lunch bag when ordering